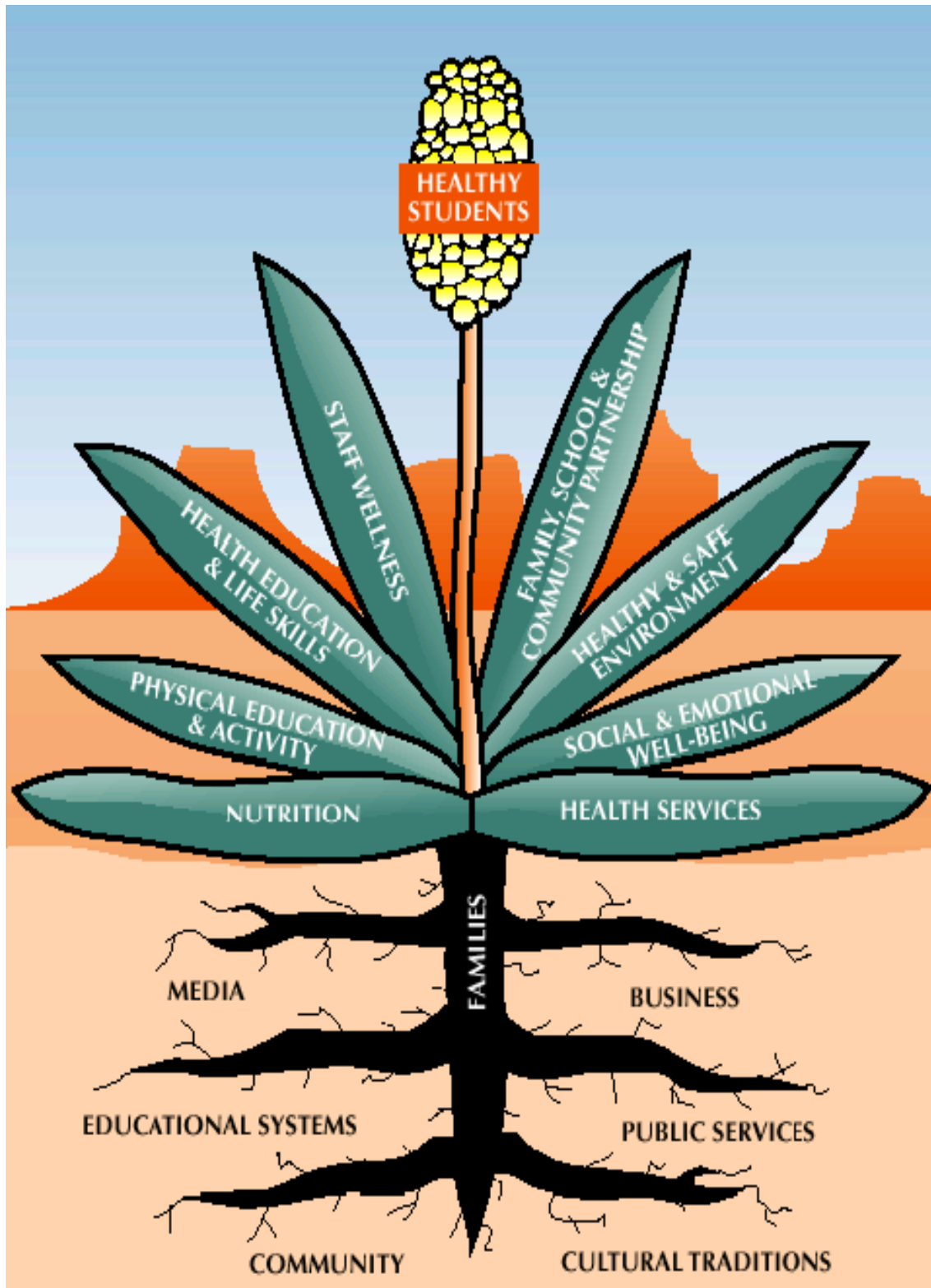


# HEALTHIER SCHOOLS – NEW MEXICO

## A MODEL OF COORDINATED SCHOOL HEALTH



## A COORDINATED APPROACH TO SCHOOL HEALTH



*Healthy Kids  
Make Better  
Students*

*Better Students  
Make Healthier  
Communities*

## A COORDINATED APPROACH TO SCHOOL HEALTH

**Healthier Schools – New Mexico** is an approach to **Coordinated School Health**. This approach, illustrated by the Yucca plant, provides a programmatic framework for linking health and education. The focus is on the **blossom** which represents the **healthy and successful student**. The **leaves** symbolize the components of coordinated school health – daily opportunities schools have to interact with children on health-related issues.

### Components of Coordinated School Health



Health  
Education &  
Life Skills



Nutrition



Physical  
Education  
& Activity



Family, School  
& Community  
Partnership



Social &  
Emotional  
Well-Being



Healthy  
& Safe  
Environment



Health  
Services



Staff  
Wellness

The **root system** is the **nurturing network** which supplies the resource and energy for the Yucca to grow. The **tap root is the family**. The family provides the environment in which children thrive and grow. The other **roots** represent the **responsibilities** that culture, education, public services, media, community, businesses and others have in fostering healthier students.

For more information visit the Healthier Schools – New Mexico website at [www.healthierschools.org](http://www.healthierschools.org)

Or call:

School Health Unit, State Department of Education at 505/827-1804  
Office of School Health, Department of Health at 505/827-0061