

Signs and Symptoms of Vision Problems

Rubs eyes frequently.

Attempts to brush away blur.

Has dizziness, headaches, nausea following close work.

Is inattentive during work requiring near vision (seat work).

Moves closer to copy and see information presented at a distance such as on a chalkboard.

Holds body tense.

Contorts face in attempt to see distant object clearly.

Thrusts head forward.

Squints excessively.

Blinks excessively.

Holds book too far or too close to face.

Makes frequent change in distance at which book is held.

Inattentive during lessons.

Stops working after brief periods of study.

Shuts or covers one eye.

Tilts head to one side.

Tends to look cross-eyed.

Tends to lose place on page.

Confuses words or letters.

Complains of sensitivity to light (photophobia).

Red or watery eyes.

A student with signs and symptoms of vision problems may be referred to the nurse for screening by the teacher, parent, or the student. The nurse will share the results with the student, teacher and/or parents.