

## Urostomy Care Skills Checklist

Child's Name: \_\_\_\_\_

Person Trained: \_\_\_\_\_ Position: \_\_\_\_\_ Instructor: \_\_\_\_\_

	Demo Date	Return Demonstration					
		Date	Date	Date	Date	Date	Date
A. States name and purpose of procedure.							
B. Preparation:							
1. Reviews Universal Precautions							
2. Completes at _____ time(s)							
3. Identifies where procedure is done (consider privacy and access to bathroom)							
4. Position for ostomy care							
5. Identifies possible problems and appropriate actions							
C. Identifies Supplies:							
1. Soap and water							
2. Soft cloth or gauze							
3. Skin preparation							
4. Adhesive							
5. Clean bag							
6. Belt, if needed							
7. Scissors and measuring guide							
8. Clean gloves							
9. Adhesive tape, if needed							
10. Container to clean/store bag							
11. Disinfectant solution to clean used bag							
D. Procedure:							
1. Washes hands							
2. Assembles equipment							
3. Explains procedure to child and encourages participation							
4. Puts on gloves							
5. Empties contents of bag into toilet before removal							
6. Removes used bag							
7. Washes the stoma area							
8. Inspects skin for redness/irritation							
9. Dries stoma and skin							
10. Places skin barrier around stoma							
11. Applies adhesive to bag or removes backing from adhesive							
12. Centers new bag over stoma							
13. Presses bag firmly against skin barrier to prevent leaks							
14. Attaches belt, if used							
15. Disposes of used bag in appropriate receptacle							
16. Removes gloves and washes hands							
17. Documents procedure and problems							
18. Reports any problems to parents							

Checklist content approved by:

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date