

# PROCEDURE FOR USE OF AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)

## EMERGENCY SERVICES ACTIVATION

Prior to putting into operation the AED maintained by a school/school district, the school emergency team and/or the local Emergency Medical Services should be activated. Certification in AED use is required for all first responders on the school emergency team if they are expected to activate its use.

## AED ACTIVATION STEPS

- Activate EMS.
- Check victim's pulse.  
If no pulse...perform CPR until AED is set up and attached to victim.
- Analyze victim's cardiac rhythm.  
*\*\*\* It is the responsibility of the AED operator to direct rescuers away from contact with the victim before analyzing the victim and before depressing the shock button.*  
If shock advised...defibrillate at 200 joules.
- Analyze rhythm.  
If shock advised ... defibrillate at 200-300 joules.
- Analyze rhythm.  
If shock advised ... defibrillate at 360 joules.
- Recheck pulse.  
If no pulse ... perform one minute of CPR and recheck pulse.  
If still no pulse ... repeat analysis and set of 3 shocks at 360 joules as indicated.
- Recheck pulse again and repeat last previous step.
- Recheck pulse again ... continue CPR and transport.

For additional protocol/procedure information and potential medical director list contact:

NM Department of Health  
Public Health Division  
Injury Prevention and Emergency Medical Service Bureau  
(505) 476-7701